

Valley Conference Varsity Meet - 5/17/2016

LCWM Secondary

Results - Valley Conference Varsity Meet

Girls 100 Meter Dash

Valley Conf.: 12.40		1992	Bekki Eisenmenger	
Name	Yr	School	Prelims	
Preliminaries				
1	Thurston, MaKenna	9	Lcwm-Nicolle	13.31q
2	Rist, Samantha	7	Lcwm-Nicolle	13.46q
3	Olson, Cora	11	Martin Count	13.65q
4	Germscheid, Tessa	12	Lcwm-Nicolle	13.75q
5	Chloros, Alyssa	10	Madelia/Trum	13.99q
6	Germscheid, Sydnee	8	Mankato Loyo	14.14q
7	Raymond, Vanessa	12	Madelia/Trum	14.62q
8	Olson, Hallie	10	Martin Count	14.65q
9	Hoffner, Kiaya	7	St. Clair	15.14
10	Bergeman, Faith	9	Madelia/Trum	15.20
11	Kluser, Sarah	12	Martin Count	15.25
12	Olson, Emily	7	Janesville-W	15.36
13	Pongratz, Alexa	10	Mankato Loyo	16.14
14	Schommer, Hannah	7	St. Clair	16.24
15	Van Asperen, Rachel	10	Mankato Loyo	17.98
---	Felber, Liza	8	St. Clair	SCR

Girls 100 Meter Dash

Valley Conf.: 12.40		1992	Bekki Eisenmenger	
Name	Yr	School	Finals	
Finals				
1	Rist, Samantha	7	Lcwm-Nicolle	13.47 10
2	Olson, Cora	11	Martin Count	13.50 8
3	Thurston, MaKenna	9	Lcwm-Nicolle	13.60 6
4	Germscheid, Tessa	12	Lcwm-Nicolle	13.86 4
5	Chloros, Alyssa	10	Madelia/Trum	14.15 2
6	Raymond, Vanessa	12	Madelia/Trum	14.65 1
7	Olson, Hallie	10	Martin Count	15.04
---	Germscheid, Sydnee	8	Mankato Loyo	SCR

Girls 200 Meter Run

Valley Conf.: 25.80		1981	Kim Skistad	
Name	Yr	School	Prelims	
Preliminaries				
1	Thurston, MaKenna	9	Lcwm-Nicolle	28.23q
2	Rist, Samantha	7	Lcwm-Nicolle	28.33q
3	Rowen, Jayda	9	Martin Count	28.75q
4	Wrightson, Brittney	9	Lcwm-Nicolle	28.90q
5	Kreykes, Mariah	8	Mankato Loyo	29.07q
6	Olson, Hannah	12	Janesville-W	29.42q
7	Kruse, MacKenzie	9	St. Clair	29.53q
8	Denn, Amy	11	Madelia/Trum	29.85q
9	Smith, Jordan	11	Madelia/Trum	30.11
10	Wellner, Laken	9	St. Clair	30.16
11	Anderson, Olivia	7	Martin Count	30.83
12	Bergeman, Faith	9	Madelia/Trum	30.95
13	Van Asperen, Rachel	10	Mankato Loyo	38.80
---	Larson, Morgan	12	Martin Count	SCR

Girls 200 Meter Run

Valley Conf.: 25.80		1981	Kim Skistad	
Name	Yr	School	Finals	
Finals				
1	Rist, Samantha	7	Lcwm-Nicolle	27.99 10
2	Thurston, MaKenna	9	Lcwm-Nicolle	28.21 8
3	Wrightson, Brittney	9	Lcwm-Nicolle	28.51 6
4	Kreykes, Mariah	8	Mankato Loyo	28.89 4
5	Rowen, Jayda	9	Martin Count	29.23 2
6	Olson, Hannah	12	Janesville-W	29.47 1
7	Denn, Amy	11	Madelia/Trum	29.86
8	Kruse, MacKenzie	9	St. Clair	30.75

Girls 400 Meter Run

Valley Conf.: 58.90		1992	Sara Jones	
Name	Yr	School	Finals	
Finals				
1	Vetter, Katerina	12	Mankato Loyo	62.91 10
2	Thurston, MaKenna	9	Lcwm-Nicolle	63.60 8
3	Olson, Cora	11	Martin Count	65.78 6
4	Cazier, Sophia	8	St. Clair	67.56 4
5	Hecht, Samantha	7	Martin Count	68.52 2
6	Goeringer, Reese	8	Lcwm-Nicolle	68.67 1
7	Smith, Jordan	11	Madelia/Trum	69.13
8	Hall, Makayla	8	Madelia/Trum	70.08
9	Bergeman, Faith	9	Madelia/Trum	70.19
10	McDonald, Angelica	10	Martin Count	70.58
11	Lynch, Madison	7	St. Clair	71.07
12	Wiens, Allie	8	Lcwm-Nicolle	74.09
13	Hoehn, Regan	8	Janesville-W	77.33

Girls 800 Meter Run

Valley Conf.: 2:19.30		1992	Sho Kroeger	
Name	Yr	School	Finals	
Finals				
1	Shumski, Rachel	12	Madelia/Trum	2:30.91 10
2	Smith, Whitney	12	Martin Count	2:33.30 8
3	Javens, Eaden	10	Mankato Loyo	2:33.98 6
4	Flack, Olivia	9	Lcwm-Nicolle	2:35.64 4
5	Beckmann, Emily	10	Lcwm-Nicolle	2:37.22 2
6	Cooling, Lizzie	10	Madelia/Trum	2:39.90 1
7	Jordan, Tasia	9	Lcwm-Nicolle	2:42.89
8	Cords, Brielle	10	Janesville-W	2:44.42
9	Johnson, Ashley	9	Janesville-W	2:48.02
10	Kosbab, Logan	8	Martin Count	2:49.73
11	Nygren, Ellie	8	Mankato Loyo	2:52.36
12	Ellingworth, Grace	10	Mankato Loyo	2:57.11
13	Hoehn, Regan	8	Janesville-W	2:59.40
14	Coudron, Amber	8	Madelia/Trum	3:01.27
15	Wade, Madelyn	9	Martin Count	3:02.29

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Girls 1600 Meter Run

Valley Conf.: 5:17.20 2003 Leah Kahler

Name	Yr	School	Finals
Finals			
1 Beckmann, Emily	10	Lcwm-Nicolle	5:39.57 10
2 Kelley, Brittany	11	Lcwm-Nicolle	5:52.99 8
3 Anderson, Brooke	11	Martin Count	5:57.33 6
4 Nygren, Ellie	8	Mankato Loyo	6:05.75 4
5 Kunst, Courtney	7	Janesville-W	6:18.34 2
6 Gregory, Dylan	8	Martin Count	6:22.82 1
7 Longley, Jasmine	10	Martin Count	6:33.62
8 Zaharia, Courtney	11	Madelia/Trum	6:33.64
9 Peterson, Jorgi	10	Mankato Loyo	6:36.33
10 Coudron, Amber	8	Madelia/Trum	6:39.56
11 Winters, Faith	9	Lcwm-Nicolle	6:45.89
12 DeVlaeminek, Melodie	11	Madelia/Trum	6:54.28
13 Hartmann, Kendra	10	Janesville-W	7:16.78

Girls 3200 Meter Run

Valley Conf.: 11:23.50 1994 Sho Kroeger

Name	Yr	School	Finals
Finals			
1 Whitehead, Marissa	7	Martin Count	11:53.29 10
2 Johnson, Emma	7	Janesville-W	12:08.54 8
3 Haas, Kyla	10	Mankato Loyo	12:40.05 6
4 Beckmann, Elizabeth	12	Lcwm-Nicolle	13:18.84 4
5 Kelley, Brittany	11	Lcwm-Nicolle	13:34.33 2
6 Petersen, Mackenzie	7	Martin Count	13:38.24 1
7 McDonald, Angelica	10	Martin Count	14:21.23
8 Zaharia, Courtney	11	Madelia/Trum	15:05.82
9 Winters, Hope	9	Lcwm-Nicolle	15:13.66
10 Peterson, Mackenzie	8	Madelia/Trum	15:28.86

Girls 100 Meter Hurdles

Valley Conf.: 15.40 1990 Megan Sinkbeil

Name	Yr	School	Prelims
Preliminaries			
1 Wallace, Renae	11	Madelia/Trum	16.82q
2 Karels, Michaela	10	St. Clair	17.77q
3 Stock, Carson	9	Lcwm-Nicolle	18.66q
4 Calkins, Abby	8	Madelia/Trum	18.67q
5 Saucier, Maddy	10	Lcwm-Nicolle	19.17q
6 Drummer, Olivia	10	St. Clair	19.23q
7 Compton, Alyssa	11	Mankato Loyo	20.15q
8 Olson, Hallie	10	Martin Count	20.50q
9 Den Herder, Amy	12	Mankato Loyo	20.83
10 Johnson, Jessi	9	Lcwm-Nicolle	21.42
11 Weber, Chantel	9	Mankato Loyo	22.95
--- Larson, Morgan	12	Martin Count	SCR

Girls 100 Meter Hurdles

Valley Conf.: 15.40 1990 Megan Sinkbeil

Name	Yr	School	Finals
Finals			
1 Wallace, Renae	11	Madelia/Trum	16.87 10

2 Karels, Michaela	10	St. Clair	17.21 8
3 Calkins, Abby	8	Madelia/Trum	18.73 6
4 Stock, Carson	9	Lcwm-Nicolle	18.81 4
5 Saucier, Maddy	10	Lcwm-Nicolle	18.82 2
6 Drummer, Olivia	10	St. Clair	19.25 1
7 Compton, Alyssa	11	Mankato Loyo	20.39
8 Olson, Hallie	10	Martin Count	21.58

Girls 300 Meter Hurdles

Valley Conf.: 46.70 1988 Linette Grund

Name	Yr	School	Finals
Finals			
1 Wallace, Renae	11	Madelia/Trum	52.62 10
2 Bachenberg, Abby	9	Martin Count	54.39 8
3 Drummer, Olivia	10	St. Clair	56.58 6
4 Calkins, Abby	8	Madelia/Trum	56.80 4
5 Grenz, Becca	10	Lcwm-Nicolle	58.16 2
6 Johnson, Jessi	9	Lcwm-Nicolle	58.29 1
7 Den Herder, Amy	12	Mankato Loyo	58.39
8 Saucier, Maddy	10	Lcwm-Nicolle	58.44
9 Compton, Alyssa	11	Mankato Loyo	58.87
10 Olson, Emily	7	Janesville-W	60.07
11 Zaharia, Courtney	11	Madelia/Trum	62.12
--- Larson, Morgan	12	Martin Count	SCR

Girls 4x100 Meter Relay

Valley Conf.: 51.90 1988 Mapleton-Amboy-Good Thunder

Team	Relay	Finals
Finals		
1 Lcwm-Nicollet*		53.59 10
1) Germscheid, Tessa 12	2) Hoffman, Ruby 8	
3) Kaupa, Kendra 12	4) Rist, Samantha 7	
2 Madelia/Truman*		54.81 8
1) Chloros, Alyssa 10	2) Denn, Amy 11	
3) Maul, Lillian 8	4) Raymond, Vanessa 12	
3 St. Clair		56.92 6
1) Drummer, Olivia 10	2) Karels, Michaela 10	
3) Kruse, MacKenzie 9	4) Wellner, Laken 9	
4 Mankato Loyo		57.21 4
1) Compton, Alyssa 11	2) Germscheid, Sydnee 8	
3) Kreykes, Mariah 8	4) Mettler, Megan 10	
5 Martin County West		58.13 2
1) Anderson, Olivia 7	2) Bachenberg, Abby 9	
3) Olson, Hallie 10	4) Rowen, Jayda 9	
6 Janesville-W		59.89
1) Bengston, Emily 7	2) Hagen, Gabrielle 12	
3) Heitkamp, Erin 7	4) Witt, Katey 7	

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Girls 4x200 Meter Relay

Valley Conf.: 1:49.70 1990 Maple River

S Berkland, J Zenk, E Biehn, B Eisenmenger

Team	Relay	Finals
Finals		
1 Madelia/Truman*		1:56.40 10
1) Chloros, Alyssa 10	2) Denn, Amy 11	
3) Maul, Lillian 8	4) Raymond, Vanessa 12	
2 Lcwm-Nicollet*		1:56.54 8
1) Garbers, Faith 10	2) Goeringer, Reese 8	
3) Kaupa, Kendra 12	4) Wrightson, Brittney 9	
3 Janesville-W		1:58.92 6
1) Hagen, Gabrielle 12	2) Olson, Hannah 12	
3) Schultz, Kaitlyn 8	4) Witt, Katey 7	
4 Martin County West		2:00.42 4
1) Anderson, Olivia 7	2) Bachenberg, Abby 9	
3) Hecht, Samantha 7	4) Rowen, Jayda 9	
5 St. Clair		2:05.41 2
1) Cazier, Sophia 8	2) Felber, Liza 8	
3) Lynch, Madison 7	4) Wellner, Laken 9	

Girls 4x400 Meter Relay

Valley Conf.: 4:13.20 2003 MCW

L Kahler, N Nelsen, D Moore, M Burgess

Team	Relay	Finals
Finals		
1 Madelia/Truman*		4:19.14 10
1) Cooling, Lizzie 10	2) Johanson, Hannah 11	
3) Shumski, Rachel 12	4) Wallace, Renae 11	
2 Lcwm-Nicollet*		4:26.06 8
1) Beckmann, Emily 10	2) Flack, Olivia 9	
3) Goeringer, Reese 8	4) Wrightson, Brittney 9	
3 Mankato Loyo		4:27.85 6
1) Grams, Kielee 8	2) Javens, Eaden 10	
3) Kreykes, Mariah 8	4) Vetter, Katerina 12	
4 Martin County West		4:35.97 4
1) Anderson, Brooke 11	2) Hecht, Samantha 7	
3) Kosbab, Logan 8	4) Smith, Whitney 12	
5 Janesville-W		4:37.80 2
1) Cords, Brielle 10	2) Lynch, Kirston 10	
3) Olson, Hannah 12	4) Roberts, Rachael 9	

Girls 4x800 Meter Relay

Valley Conf.: 9:55.50 2003 MCW

N Nelsen, C Roben, L Kahler, M Burgess

Team	Relay	Finals
Finals		
1 Mankato Loyo		10:22.78 10
1) Grams, Kielee 8	2) Haas, Kyla 10	
3) Javens, Eaden 10	4) Vetter, Katerina 12	
2 Madelia/Truman*		10:28.98 8
1) Cooling, Lizzie 10	2) Maul, Lillian 8	
3) Shumski, Rachel 12	4) Smith, Jordan 11	

3 Martin County West	10:32.41 6
1) Anderson, Brooke 11	2) Kosbab, Logan 8
3) Smith, Whitney 12	4) Whitehead, Marissa 7
4 Janesville-W	10:44.65 4
1) Johnson, Emma 7	2) Kunst, Courtney 7
3) Lynch, Kirston 10	4) Roberts, Rachael 9
5 Lcwm-Nicollet*	11:37.51 2
1) Jordan, Tasia 9	2) Malwitz, Hailey 9
3) Roemhilldt, Sonja 8	4) Winters, Faith 9

Girls High Jump

Valley Conf.: 5-04 1987 Kathy Loeschen

Name	Yr	School	Finals
Finals			
1 Johanson, Hannah	11	Madelia/Trum	5-00.00 10
2 Kruse, MacKenzie	9	St. Clair	4-08.00 8
3 Mettler, Megan	10	Mankato Loyo	4-06.00 4
4 Schultz, Rachel	9	Madelia/Trum	4-06.00 6
5 Stock, Carson	9	Lcwm-Nicolle	4-06.00 2
6 Olson, Cora	11	Martin Count	4-04.00 0.5
6 Olson, Hannah	12	Janesville-W	4-04.00 0.5
8 Cazier, Sophia	8	St. Clair	4-04.00
9 Raymond, Vanessa	12	Madelia/Trum	4-02.00
9 Olson, Hallie	10	Martin Count	4-02.00
9 Johnson, Jessi	9	Lcwm-Nicolle	4-02.00
9 Anderson, Olivia	7	Martin Count	4-02.00
13 Roberts, Rachael	9	Janesville-W	4-00.00
13 Saucier, Maddy	10	Lcwm-Nicolle	4-00.00
13 Hansen, Brenna	7	St. Clair	4-00.00
--- Weber, Chantel	9	Mankato Loyo	NH

Girls Pole Vault

Valley Conf.: 9-07 2011 Tara Roelofs

Name	Yr	School	Finals
Finals			
1 Grenz, Becca	10	Lcwm-Nicolle	8-00.00 10
2 Kaupa, Kendra	12	Lcwm-Nicolle	8-00.00 8
3 Johnson, Emma	7	Janesville-W	6-06.00 6
4 Hansen, Brenna	7	St. Clair	6-00.00 3
4 Schommer, Hannah	7	St. Clair	6-00.00 3
--- Beckmann, Emily	10	Lcwm-Nicolle	NH

Girls Long Jump

Valley Conf.: 17-09 2007 Janey Helland

Name	Yr	School	Finals
Finals			
1 Johanson, Hannah	11	Madelia/Trum	16-04.00 10
2 Kaupa, Kendra	12	Lcwm-Nicolle	15-04.00 8
3 Garbers, Faith	10	Lcwm-Nicolle	15-02.00 6
4 Grenz, Becca	10	Lcwm-Nicolle	14-10.00 4
5 Cooling, Lizzie	10	Madelia/Trum	14-09.00 2
6 Maul, Lillian	8	Madelia/Trum	14-07.50 1
7 Bachenberg, Abby	9	Martin Count	14-01.50
8 Hecht, Samantha	7	Martin Count	13-08.75
9 Kunst, Courtney	7	Janesville-W	13-01.50
10 Lynch, Madison	7	St. Clair	12-06.00

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Finals ... (Girls Long Jump)

Name	Yr	School	Finals
11 Hoffner, Kiaya	7	St. Clair	12-01.00
12 Pongratz, Alexa	10	Mankato Loyo	12-00.75
13 Cords, Brielle	10	Janesville-W	11-11.00
--- Larson, Morgan	12	Martin Count	SCR

Girls Triple Jump

Valley Conf.:	34-09	2016	Hannah Johanson
Name	Yr	School	Finals

Finals	Name	Yr	School	Finals
1	Johanson, Hannah	11	Madelia/Trum	34-09.00 10
2	Olson, Cora	11	Martin Count	33-01.00 8
3	Wallace, Renae	11	Madelia/Trum	33-00.00 6
4	Stock, Carson	9	Lcwm-Nicolle	32-08.00 4
5	Karels, Michaela	10	St. Clair	31-06.00 2
6	Cazier, Sophia	8	St. Clair	29-02.00 1
7	Rowen, Jayda	9	Martin Count	28-11.00
8	Johnson, Jessi	9	Lcwm-Nicolle	28-06.00
9	Hagen, Gabrielle	12	Janesville-W	28-00.00
10	Olson, Emily	7	Janesville-W	27-04.00
11	Cords, Brielle	10	Janesville-W	26-04.50
12	Hansen, Brenna	7	St. Clair	26-01.00
13	Saucier, Maddy	10	Lcwm-Nicolle	25-11.00
---	DeVlaeminek, Melodie	11	Madelia/Trum	ND
---	Ringnell, Sady	7	Martin Count	ND
---	Rupp, Allison	10	Mankato Loyo	ND

3	Voyles, Alyssa	12	Madelia/Trum	106-02 6
4	Scherer, Nicole	12	Martin Count	105-07 4
5	Shumski, Rachel	12	Madelia/Trum	104-03 2
6	Mettler, Megan	10	Mankato Loyo	98-07 1
7	Ward, Morgan	12	St. Clair	95-01
8	Larson, Makenna	7	Martin Count	87-02
9	Brolsma, Alexis	11	Martin Count	81-05
10	Den Herder, Amy	12	Mankato Loyo	74-04
11	Tauer, Katelin	9	St. Clair	72-09
12	Snow, Lilly	10	Lcwm-Nicolle	71-02
13	Bergemann, Allison	9	Lcwm-Nicolle	70-00
14	Hagen, Gabrielle	12	Janesville-W	69-05
15	De La Cruz, Jada	10	Madelia/Trum	68-07
16	Weber, Chantel	9	Mankato Loyo	53-00
17	Hartmann, Kendra	10	Janesville-W	42-05

Girls Shot Put

Valley Conf.:	45-10.50	2012	Ashley Thooft
Name	Yr	School	Finals

Finals	Name	Yr	School	Finals
1	Theissen, Alayna	12	Lcwm-Nicolle	39-05.00 10
2	Denn, Amy	11	Madelia/Trum	34-07.50 8
3	Mettler, Megan	10	Mankato Loyo	34-04.00 6
4	Scherer, Nicole	12	Martin Count	32-07.50 4
5	Voyles, Alyssa	12	Madelia/Trum	31-07.50 2
6	Drummer, Olivia	10	St. Clair	31-00.00 1
7	Ward, Morgan	12	St. Clair	29-06.00
8	Larson, Makenna	7	Martin Count	29-04.00
9	Den Herder, Amy	12	Mankato Loyo	27-03.50
10	Brolsma, Alexis	11	Martin Count	27-00.00
11	Luoth, Thejen	10	Madelia/Trum	26-09.00
12	Snow, Lilly	10	Lcwm-Nicolle	26-00.00
13	Tauer, Katelin	9	St. Clair	24-09.00
14	Puoch, Mer	8	Lcwm-Nicolle	24-03.00
15	Weber, Chantel	9	Mankato Loyo	22-05.50
16	Lynch, Kirston	10	Janesville-W	21-01.00
17	Hartmann, Kendra	10	Janesville-W	15-04.50

Girls Discus Throw

Valley Conf.:	137-11	2016	Alayna Theissen
Name	Yr	School	Finals

Finals	Name	Yr	School	Finals
1	Theissen, Alayna	12	Lcwm-Nicolle	137-11 10
2	Karels, Michaela	10	St. Clair	107-02 8

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Boys 100 Meter Dash

Valley Conf.: 10.90 1990 Jason Wallace				
Name	Yr	School	Prelims	
Preliminaries				
1		Sharpless, Andy	12 Mankato Loyo	11.48q
2		Sheetz, Matt	12 Lcwm-Nicolle	11.79q
3		Schruin, Sam	12 St. Clair	11.83q
4		Lang, Paul	12 St. Clair	12.17q
5		Fellows, Carter	12 Madelia/Trum	12.35q
6		Janike, Josh	11 Janesville-W	12.43q
7		Sletta, Josh	9 Madelia/Trum	12.44q
8		Begnaud, Aiden	10 Lcwm-Nicolle	12.51q
9		Petterson, Zach	12 Madelia/Trum	12.73
10		Zalusky, Joey	11 Mankato Loyo	12.75
11		Winch, Jacob	12 St. Clair	12.82
12		Bock, Logan	9 Lcwm-Nicolle	13.08
13		Potthoff, Nick	9 Martin Count	13.20
14		Holm, Matt	10 Martin Count	13.91
---		Anderson, Eli	12 Mankato Loyo	SCR

Boys 100 Meter Dash

Valley Conf.: 10.90 1990 Jason Wallace				
Name	Yr	School	Finals	
Finals				
1		Sharpless, Andy	12 Mankato Loyo	11.31 10
2		Schruin, Sam	12 St. Clair	11.70 8
3		Lang, Paul	12 St. Clair	12.11 6
4		Janike, Josh	11 Janesville-W	12.18 4
5		Fellows, Carter	12 Madelia/Trum	12.19 2
6		Sheetz, Matt	12 Lcwm-Nicolle	12.36 1
7		Sletta, Josh	9 Madelia/Trum	12.48
8		Begnaud, Aiden	10 Lcwm-Nicolle	12.52

Boys 200 Meter Run

Valley Conf.: 22.20 1990 Justin Alonzo				
Name	Yr	School	Prelims	
Preliminaries				
1		Hall, Caleb	11 St. Clair	23.21q
2		Ohene-Frimpong, David	11 Mankato Loyo	23.72q
3		Arndt, Brock	12 Mankato Loyo	23.91q
4		Burkhardt, Dawson	11 Martin Count	24.17q
5		Zamora, Angel	9 Madelia/Trum	24.54q
6		Zishka, Jaiden	11 Mankato Loyo	25.27q
7		Sletta, Josh	9 Madelia/Trum	25.33q
8		Petterson, Zach	12 Madelia/Trum	25.78q
9		Reyes, Angel	8 Martin Count	26.23
10		Harazin, Kyle	12 Lcwm-Nicolle	26.87
11		Bock, Logan	9 Lcwm-Nicolle	26.89
12		Thompson, Michael	12 St. Clair	27.95
---		Hummer, Jamie	8 St. Clair	SCR
---		Grant, Tucker	10 Lcwm-Nicolle	SCR

Boys 200 Meter Run

Valley Conf.: 22.20 1990 Justin Alonzo					
Name	Yr	School	Finals		
Finals					
1		Hall, Caleb	11 St. Clair	23.11	10
2		Burkhardt, Dawson	11 Martin Count	23.79	8
3		Ohene-Frimpong, David	11 Mankato Loyo	23.86	6
4		Arndt, Brock	12 Mankato Loyo	24.50	4
5		Zamora, Angel	9 Madelia/Trum	24.56	2
6		Zishka, Jaiden	11 Mankato Loyo	25.35	1
7		Sletta, Josh	9 Madelia/Trum	25.51	
8		Petterson, Zach	12 Madelia/Trum	26.36	

Boys 400 Meter Run

Valley Conf.: 50.20 1990 Justin Alonzo					
Name	Yr	School	Finals		
Finals					
1		Thompson, Jack	10 St. Clair	52.62	10
2		Barrie, Chandler	12 Mankato Loyo	53.11	8
3		Eustice, Ryan	12 Janesville-W	53.21	6
4		Roth, John	12 Lcwm-Nicolle	53.77	4
5		Zamora, Angel	9 Madelia/Trum	55.95	2
6		Storm, Blake	11 St. Clair	56.21	1
7		Reyes, Angel	8 Martin Count	58.02	
8		Arizmendi, Ernie	11 Madelia/Trum	58.89	
9		Peterson, Jerrett	8 Mankato Loyo	59.27	
10		Osborne, Jordan	11 Madelia/Trum	59.71	
11		Hoosline, Brenden	12 Lcwm-Nicolle	59.92	
12		Burkhardt, Dawson	11 Martin Count	61.70	
13		Germescheid, Sam	8 Lcwm-Nicolle	62.33	
14		Potthoff, Nick	9 Martin Count	62.56	
15		Heinbaugh, Cole	12 St. Clair	62.84	
16		Alto, John	9 Mankato Loyo	67.33	

Boys 800 Meter Run

Valley Conf.: 1:59.06 2011 Adam Kleine					
Name	Yr	School	Finals		
Finals					
1		Javens, Landon	10 Mankato Loyo	2:09.77	10
2		Rentschler, Micah	9 Mankato Loyo	2:10.69	8
3		Hartman, Seth	11 Lcwm-Nicolle	2:13.11	6
4		Petersen, Dylan	10 Martin Count	2:16.01	4
5		Zamora, Ramiro	7 Madelia/Trum	2:17.79	2
6		Johnson, Jayden	9 Lcwm-Nicolle	2:18.19	1
7		Kruse, Lucas	8 St. Clair	2:19.69	
8		Blaschko, Dalton	11 Lcwm-Nicolle	2:24.85	
9		Orcutt, Harry	12 Mankato Loyo	2:28.85	
10		Lynch, John	7 St. Clair	2:33.15	
11		Holmgren, Darin	12 Madelia/Trum	2:36.09	
12		Frelich, Noah	11 Madelia/Trum	2:37.84	
13		VanRavenhorst, Matthew	10 Janesville-W	2:49.62	
14		Fernandez, Pablo	12 Martin Count	2:50.67	
15		Schendel, Matthew	10 Janesville-W	2:55.67	

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Boys 1600 Meter Run

Valley Conf.: 4:36.60 1984 D. Johnson

Name	Yr	School	Finals
Finals			
1 Roth, John	12	Lcwm-Nicolle	4:55.91 10
2 Hartman, Seth	11	Lcwm-Nicolle	4:58.92 8
3 Baker, Chase	8	St. Clair	5:11.66 6
4 Larson, Kolton	9	Martin Count	5:19.50 4
5 Remiger, Payton	10	Mankato Loyo	5:21.03 2
6 Godoy, Jarly	10	Madelia/Trum	5:25.19 1
7 Kruger, Josh	10	Lcwm-Nicolle	5:32.47
8 Lagunas, John	7	Madelia/Trum	5:33.26
9 Cahill, Jacob	7	Janesville-W	5:35.54
10 Skinner, Evan	10	Mankato Loyo	5:39.15
11 Davis, Derek	10	Madelia/Trum	5:49.63
12 Rule, Joseph	7	St. Clair	5:52.29
13 Mix, Adam	9	Martin Count	5:52.85
14 Fernandez, Pablo	12	Martin Count	5:53.66
--- Omtvedt, Brady	10	Mankato Loyo	SCR

Boys 3200 Meter Run

Valley Conf.: 10:08.50 1999 Jamey Michalke

Name	Yr	School	Finals
Finals			
1 Cameron, Kaden	10	Janesville-W	10:24.17 10
2 Omtvedt, Brett	8	Mankato Loyo	10:26.89 8
3 Giefer, Coleton	11	Mankato Loyo	11:01.25 6
4 Johnstone, Mitch	8	Mankato Loyo	11:05.81 4
5 Lewis, Jake	7	Martin Count	11:16.51 2
6 Magers, Kalen	12	Lcwm-Nicolle	11:20.92 1
7 Mans, Jon	8	Lcwm-Nicolle	11:27.29
8 Gregory, Easton	7	Martin Count	11:38.38
9 Mix, Adam	9	Martin Count	12:41.76
10 Lassas, Ryan	12	Madelia/Trum	12:48.60
11 Warntat, Sun	12	Madelia/Trum	13:55.69
--- Roth, John	12	Lcwm-Nicolle	SCR

Boys 110 Meter Hurdles

Valley Conf.: 14.70 2002 Kevin Friedrichs

Name	Yr	School	Prelims
Preliminaries			
1 Guerrero, Alex	12	Mankato Loyo	15.93q
2 Stock, Logan	11	Lcwm-Nicolle	17.10q
3 Saucier, Nick	12	Lcwm-Nicolle	17.37q
4 Anderson, Tuckor	12	Janesville-W	17.48q
5 Isebrand, Brady	11	Lcwm-Nicolle	18.65q
6 Weber, David	12	Mankato Loyo	19.07q
7 Williamson, Colby	10	Martin Count	21.05q
8 Holm, Matt	10	Martin Count	21.92q
9 Potthoff, Nick	9	Martin Count	23.03

Boys 110 Meter Hurdles

Valley Conf.: 14.70 2002 Kevin Friedrichs

Name	Yr	School	Finals
Finals			
1 Guerrero, Alex	12	Mankato Loyo	15.81 10
2 Stock, Logan	11	Lcwm-Nicolle	16.74 8
3 Saucier, Nick	12	Lcwm-Nicolle	17.67 6
4 Anderson, Tuckor	12	Janesville-W	17.71 4
5 Isebrand, Brady	11	Lcwm-Nicolle	19.43 2
6 Weber, David	12	Mankato Loyo	19.45 1
7 Williamson, Colby	10	Martin Count	21.21
8 Holm, Matt	10	Martin Count	21.49

Boys 300 Meter Hurdles

Valley Conf.: 39.70 2001 Kevin Friedrichs

Name	Yr	School	Finals
Finals			
1 Guerrero, Alex	12	Mankato Loyo	43.88 10
2 Mortensen, Lucas	11	St. Clair	46.03 8
3 Weber, David	12	Mankato Loyo	46.90 6
4 Saucier, Nick	12	Lcwm-Nicolle	48.05 4
5 Anderson, Tuckor	12	Janesville-W	49.07 2
6 Drummer, Conner	8	St. Clair	49.08 1
7 Williamson, Colby	10	Martin Count	50.21
8 Ignaszewski, Jagger	8	Janesville-W	50.33
9 Holm, Matt	10	Martin Count	50.42
10 Becker, Dawson	10	Martin Count	50.73
11 Lassas, Ryan	12	Madelia/Trum	52.30
12 Mans, Jon	8	Lcwm-Nicolle	53.30
--- Sheetz, Matt	12	Lcwm-Nicolle	SCR
--- Anderson, Eli	12	Mankato Loyo	SCR

Boys 4x100 Meter Relay

Valley Conf.: 44.90 2002 Maple River

L Erickson, Z Germa, J Whitney, J Quade

Team	Relay	Finals
Finals		
1 Mankato Loyo		46.58 10
1) Arndt, Brock 12	2) Ohene-Frimpong, David 11	
3) Sharpless, Andy 12	4) Westman, Hunter 10	
2 Madelia/Truman*		46.99 8
1) Fellows, Carter 12	2) McCraw, Dakota 12	
3) Schultz, Kyle 12	4) VanHee, Derrick 12	
3 St. Clair		47.77 6
1) Arndt, Mason 12	2) Lang, Paul 12	
3) Mortensen, Lucas 11	4) Winch, Jacob 12	
4 Janesville-W		47.86 4
1) Benson, Cole 11	2) Clark, Riley 10	
3) Eustice, Ryan 12	4) Janike, Josh 11	
5 Lcwm-Nicollet*		49.66 2
1) Begnaud, Aiden 10	2) Bergemann, Evan 10	
3) Bock, Carter 11	4) Sheetz, Matt 12	
6 Martin County West		57.61
1) Anthonisen, Matt 9	2) Becker, Dawson 10	
3) Ringnell, Andrew 11	4) Williamson, Colby 10	

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Boys 4x200 Meter Relay

Valley Conf.: 1:33.30 2001 Maple River

J Quade, B Carleton, E Braunshausen, J Whitney

Team	Relay	Finals
Finals		
1 St. Clair		1:34.07 10
1) Hall, Caleb 11	2) Schruin, Sam 12	
3) Thompson, Jack 10	4) Weber, Mitchell 10	
2 Mankato Loyo		1:34.19 8
1) Arndt, Brock 12	2) Barrie, Chandler 12	
3) Ohene-Frimpong, David 11	4) Sharpless, Andy 12	
3 Madelia/Truman*		1:38.96 6
1) Fellows, Carter 12	2) McCraw, Dakota 12	
3) Schultz, Kyle 12	4) VanHee, Derrick 12	
4 Janesville-W		1:40.12 4
1) Benson, Cole 11	2) Clark, Riley 10	
3) Janike, Josh 11	4) Mogensen, Kaden 10	
5 Lcwm-Nicollet*		1:42.36 2
1) Begnaud, Aiden 10	2) Bergemann, Evan 10	
3) Bock, Carter 11	4) Lantz, Noah 12	
6 Martin County West		1:47.75
1) Anthonisen, Matt 9	2) Becker, Dawson 10	
3) Reyes, Angel 8	4) Ringnell, Andrew 11	

Boys 4x400 Meter Relay

Valley Conf.: 3:31.90 2001 LCWM

J Bull, D Portillo, L Brown, N Stokes

Team	Relay	Finals
Finals		
1 Mankato Loyo		3:37.78 10
1) Barrie, Chandler 12	2) Javens, Landon 10	
3) Rentschler, Micah 9	4) Zalusky, Joey 11	
2 St. Clair		3:39.01 8
1) Arndt, Mason 12	2) Hall, Caleb 11	
3) Storm, Blake 11	4) Thompson, Jack 10	
3 Lcwm-Nicollet*		3:44.32 6
1) Bergemann, Evan 10	2) Bock, Carter 11	
3) Hoosline, Brenden 12	4) Lantz, Noah 12	
4 Madelia/Truman*		3:45.18 4
1) McCraw, Dakota 12	2) Schultz, Kyle 12	
3) VanHee, Derrick 12	4) Zamora, Angel 9	
5 Janesville-W		3:47.81 2
1) Benson, Cole 11	2) Clark, Riley 10	
3) Eustice, Ryan 12	4) Mogensen, Kaden 10	
6 Martin County West		3:54.10
1) Anthonisen, Matt 9	2) Burkhardt, Dawson 11	
3) Larson, Kolton 9	4) Petersen, Dylan 10	

Boys 4x800 Meter Relay

Valley Conf.: 8:26.13 2015 MCW

D Brockman, N Holm, M Visselman, J Mayo

Team	Relay	Finals
Finals		
1 Mankato Loyo		9:02.03 10
1) Giefer, Coleton 11	2) Javens, Landon 10	
3) Peterson, Jerrett 8	4) Rentschler, Micah 9	
2 Lcwm-Nicollet*		9:23.64 8
1) Hoosline, Brenden 12	2) Johnson, Jayden 9	
3) Lantz, Noah 12	4) Magers, Kalen 12	
3 Martin County West		9:33.01 6
1) Gregory, Easton 7	2) Larson, Kolton 9	
3) Lewis, Jake 7	4) Petersen, Dylan 10	
4 Janesville-W		9:33.33 4
1) Cahill, Jacob 7	2) Cameron, Kaden 10	
3) Ignaszewski, Jagger 8	4) Mogensen, Kaden 10	
5 St. Clair		9:43.80 2
1) Baker, Chase 8	2) Drummer, Conner 8	
3) Kruse, Lucas 8	4) Lynch, John 7	
6 Madelia/Truman*		9:44.48
1) Davis, Derek 10	2) Godoy, Jarly 10	
3) Holmgren, Darin 12	4) Zamora, Ramiro 7	

Boys High Jump

Valley Conf.: 6-06 2004 Jeff Lillevold

Name	Yr	School	Finals
Finals			
1 Stock, Logan	11	Lcwm-Nicolle	6-01.00 10
2 Schultz, Kyle	12	Madelia/Trum	5-10.00 8
3 Weber, Mitchell	10	St. Clair	5-08.00 6
4 Westman, Hunter	10	Mankato Loyo	5-08.00 4
5 Isebrand, Brady	11	Lcwm-Nicolle	5-06.00 2
6 Ringnell, Andrew	11	Martin Count	5-06.00 1
7 Thompson, Jack	10	St. Clair	5-06.00
8 Zishka, Jaiden	11	Mankato Loyo	5-04.00
9 Denn, Austin	12	Madelia/Trum	5-02.00
10 Scott, Hayden	12	Lcwm-Nicolle	5-00.00
10 Janike, Josh	11	Janesville-W	5-00.00
12 Orcutt, Harry	12	Mankato Loyo	4-10.00
--- Holm, Matt	10	Martin Count	NH
--- Lynch, John	7	St. Clair	NH
--- Potthoff, Nick	9	Martin Count	NH
--- Clark, Riley	10	Janesville-W	NH
--- Risk, Thai	9	Madelia/Trum	SCR

Boys Pole Vault

Valley Conf.: 14-00 2001 Josh Sorenson

Name	Yr	School	Finals
Finals			
1 Stock, Logan	11	Lcwm-Nicolle	11-00.00 10
2 Isebrand, Brady	11	Lcwm-Nicolle	10-06.00 8
3 Saucier, Nick	12	Lcwm-Nicolle	10-00.00 6
4 Remiger, Payton	10	Mankato Loyo	10-00.00 4
5 Anderson, Tuckor	12	Janesville-W	9-00.00 1.5

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5	Oldenburg, Aidan	9	Janesville-W	9-00.00	1.5
7	Daly, Carter	8	St. Clair	9-00.00	
8	Baker, Chase	8	St. Clair	8-06.00	
9	Barnes, Colin	9	Janesville-W	7-00.00	
9	Thomez, Cooper	8	Mankato Loyo	7-00.00	
11	Marzinske, Logan	7	St. Clair	6-00.00	
---	Tauer, William	9	Mankato Loyo	SCR	

Boys Long Jump

Valley Conf.: 22-00 2004 Jeff Lillevold

Name	Yr	School	Finals
Finals			
1	Schruin, Sam	12 St. Clair	19-02.00 10
2	Weber, Mitchell	10 St. Clair	19-02.00 8
3	Westman, Hunter	10 Mankato Loyo	18-10.00 6
4	Anthonisen, Matt	9 Martin Count	18-05.50 4
5	Burkhardt, Dawson	11 Martin Count	18-02.50 2
6	Arizmendi, Ernie	11 Madelia/Trum	18-01.00 1
7	Sletta, Josh	9 Madelia/Trum	18-00.25
8	Bergemann, Evan	10 Lcwm-Nicolle	17-11.50
9	VanHee, Derrick	12 Madelia/Trum	17-08.25
10	Ignaszewski, Jagger	8 Janesville-W	17-02.00
11	Winch, Jacob	12 St. Clair	17-00.00
12	Reyes, Angel	8 Martin Count	16-00.75
13	Benson, Cole	11 Janesville-W	15-09.50
14	Bock, Logan	9 Lcwm-Nicolle	15-04.00
15	Schendel, Matthew	10 Janesville-W	13-04.00
---	Sheetz, Matt	12 Lcwm-Nicolle	SCR

Boys Triple Jump

Valley Conf.: 42-06.50 1987 Andy Tjernagel

Name	Yr	School	Finals
Finals			
1	Schruin, Sam	12 St. Clair	40-00.00 10
2	Ringnell, Andrew	11 Martin Count	39-04.00 8
3	Stock, Logan	11 Lcwm-Nicolle	39-03.00 6
4	Zamora, Angel	9 Madelia/Trum	38-09.00 4
5	Westman, Hunter	10 Mankato Loyo	38-06.00 2
6	Sletta, Josh	9 Madelia/Trum	38-03.00 1
7	Arizmendi, Ernie	11 Madelia/Trum	37-08.00
8	Isebrand, Brady	11 Lcwm-Nicolle	37-03.00
9	Orcutt, Harry	12 Mankato Loyo	36-06.00
10	Anderson, Tuckor	12 Janesville-W	35-04.50
11	Zishka, Jaiden	11 Mankato Loyo	35-04.00
12	Williamson, Colby	10 Martin Count	34-11.00
13	Ignaszewski, Jagger	8 Janesville-W	34-00.00
14	Scott, Hayden	12 Lcwm-Nicolle	33-07.00
15	Drummer, Conner	8 St. Clair	31-02.00
16	VanRavenhorst, Matthew	10 Janesville-W	29-11.00

Boys Shot Put

Valley Conf.: 53-04 1989 Andy Kleinschmidt

Name	Yr	School	Finals
Finals			
1	Hauser, Tanner	12 St. Clair	47-08.00 10
2	Thofson, Patrick	12 Lcwm-Nicolle	41-07.00 8

Finals ... (Boys Shot Put)

Name	Yr	School	Finals
3	Kortuem, Jack	12 Madelia/Trum	41-04.50 6
4	Lantz, Noah	12 Lcwm-Nicolle	40-09.00 4
5	Denn, Austin	12 Madelia/Trum	39-11.50 2
6	Lang, Paul	12 St. Clair	39-03.50 1
7	Piotter, Tyler	12 Mankato Loyo	38-03.00
8	Whitehead, Dylin	11 Martin Count	36-05.50
9	Clow, Cahlin	10 Mankato Loyo	36-01.00
10	Grant, Tucker	10 Lcwm-Nicolle	34-01.00
11	Larson, Andrew	10 Janesville-W	33-10.00
12	Kronback, Jared	11 St. Clair	30-10.50
13	Denton, Eian	12 Madelia/Trum	30-06.00
14	Mogensen, Kaden	10 Janesville-W	29-05.00
15	Potthoff, Lucas	12 Martin Count	28-06.00
16	Torgerson, John	10 Mankato Loyo	28-02.00
17	Swanson, Hunter	9 Martin Count	27-09.00

Boys Discus Throw

Valley Conf.: 177-11 2016 Mitchell Weber

Name	Yr	School	Finals
Finals			
1	Weber, Mitchell	10 St. Clair	177-11 10
2	Hauser, Tanner	12 St. Clair	136-06 8
3	Denn, Austin	12 Madelia/Trum	121-02 6
4	Lang, Paul	12 St. Clair	116-07 4
5	Clow, Cahlin	10 Mankato Loyo	113-09 2
6	Thofson, Patrick	12 Lcwm-Nicolle	109-06 1
7	Scott, Hayden	12 Lcwm-Nicolle	108-01
8	Eustice, Ryan	12 Janesville-W	103-06
9	Maurer, Cade	10 Lcwm-Nicolle	96-03
10	Potthoff, Lucas	12 Martin Count	92-04
11	Kortuem, Jack	12 Madelia/Trum	90-04
12	Piotter, Tyler	12 Mankato Loyo	86-09
13	Denton, Eian	12 Madelia/Trum	82-10
14	Torgerson, John	10 Mankato Loyo	82-05
15	Potthoff, Logan	10 Martin Count	81-04
16	Larson, Andrew	10 Janesville-W	81-02
17	Whitehead, Dylin	11 Martin Count	72-01

Women - Team Rankings - 18 Events Scored

1) LCWM-Nicollet*	182
2) Madelia/Truman*	143
3) Martin County West	84.5
4) Mankato Loyola/Cleveland*	61
5) St. Clair	53
6) Janesville-Waldorf-Pemberton	29.5

Men - Team Rankings - 18 Events Scored

1) Mankato Loyola/Cleveland*	150
2) St. Clair	143
3) LCWM-Nicollet*	124
4) Madelia/Truman*	55
5) Janesville-Waldorf-Pemberton	43
6) Martin County West	39